



YOUTH MEDIA PACK



HELPING YOUNG (16-24)
DISADVANTAGED PEOPLE
FIND A CAREER THEY LOVE.

Register at: cjh@cyltd.org
#BookAnInterviewNow

Delivered in a social distanced/safe environment



TRACK + TRACE



ABOUT CJH

ONE STOP HUB

CJH is a one stop hub set up to support and advice young people between the ages of 16 –24 into a viable career path/ further education.

Our workshops within the program will provide resources/training plus practical tools to help support young people through the transition from education into employment, independence and a new post Covid-19 life.

A key feature of our programmes are the workshops provided, which are geared towards a young person's

mental health looking at topics such as “What is Mindfulness” and “Building Confidence” and “Dealing with Stress”. We feel these areas of development are key for disadvantaged young people, especially due to the pressures derived from Covid-19.

CJH is a subsidiary of Community Youth London (CYL) which have been working with young people aged 16 – 24 since 2007, providing a number of accredited courses within the creative industries.

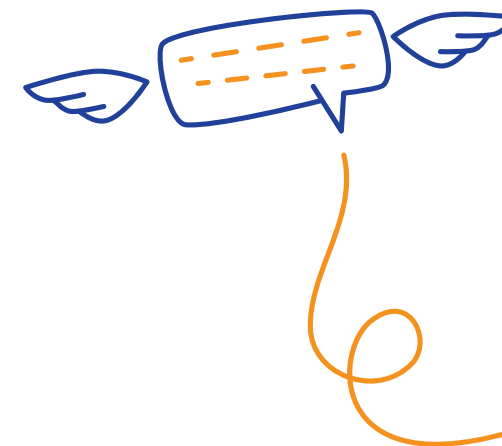
OUR PARTNERS

Through our previous work as a charity, projects, and commercial entertainment suppliers our partners include:



OUR USP

- Down to earth staff from similar backgrounds
- Access to award winning record label Defenders Ent which is known for unearthing the next big talent in London's urban scene such as the UK Drill's scene's biggest acts like SL, Zone 2, Harlem Spartans and Headie One)
- Access to mentors from Defenders ENT record label and various other professional industries
- Access to film studio and music recording studio
- 2 month support after the course programme



WHAT WE DO

CJH has created a range of online (10 session) courses/programmes which will be held via zoom to help support young people into work during and post Covid-19. What we offer:

- CV Writing Workshops
- One to One Careers Advice + Work Coach
- Access to short courses/work placements /apprenticeships
- Advice on Identifying Strengths
- Interview Preparation
- Q&A Workshop (with Industry Professionals)
- Intensive Job Searches
- Assistance with Job Application Forms
- Mindfulness Workshop
- Confidence Building
- Dealing with stress + Handling rejections
- 2 month post programme support

Our team is a mixture of experienced trained recruitment professionals and established business owners from similar backgrounds who are focused on preparing young people for work.

Giving you the skills required to find a career that is in line with your aspirations. We are here to help build your confidence so that you can look forward to getting a job.

WHY CHOOSE CJH

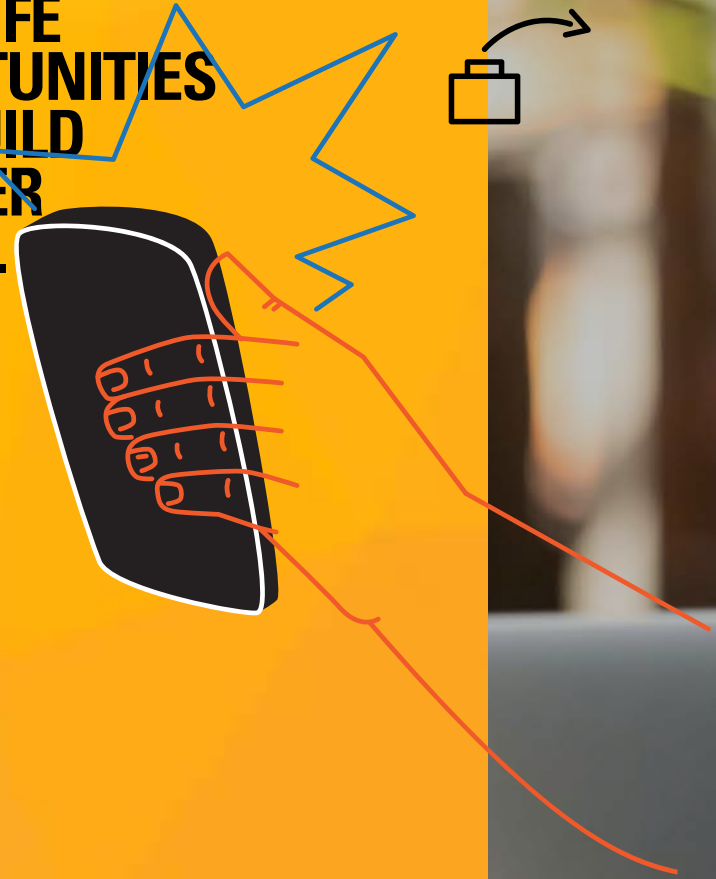
CJH will support you if you are facing any of the following challenges:

- Chaotic personal lives –
CJH will offer you structure and mentoring
- Poor basic education (many leave school with fewer than 5 A* to C GCSEs) –
CJH offers access to GCSE's and other courses
- Mental health problems –
CJH provides mindfulness and stress management + more from experienced therapists
- Financial pressures of living independently –
CJH can offer you advice and support during 121 sessions via a financial assessment + how to manage money
- Pending or prior criminal convictions –
CJH provides access to mentors + additional support
- A lack of any work experience –
CJH offers advice on apprenticeships, work programmes and traineeships
- A lack of motivation, confidence -
CJH provides Workshops to tackle a variety of issues, these negative factors are often complex and deeply embedded by the time young people make the transition to work. Given that these young people are furthest from the job market, a holistic approach is essential to tackling the cumulative effect of these factors.



MISSION STATEMENT:

**EMPOWERING
+ SUPPORTING
YOUNG PEOPLE
TO IMPROVE
THEIR LIFE
OPPORTUNITIES
AND BUILD
A BETTER
FUTURE.**



HOW TO GET INVOLVED

The programmes are structured over (10 online sessions half day) + via zoom + an introduction session. We will support young people which meet the following criteria:

- Between the ages of 16-24
- Have photo ID (Passport or Provisional)
- Have access to a mobile phone, computer and reliable internet connection (we may be able to provide access to laptops for some individuals if you meet the criteria)
- Not in education or training (NEET)
- Been affected by Covid-19
- Out of work and actively seeking new opportunities
- Live permanently within a London Borough
- Available for a 1 day induction and 10 sessions (4hours)



INTERESTED...

If you are interested or just want to find out more about the course, please call or email us on:

cjh@cyltd.com

or visit our site for more information

www.cyltd.org

